



BOLETÍN
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ENTREVISTA CON PROFESOR INTERNACIONAL DR. SERGIO GIANESINI

En ésta ocasión y con motivo de la próxima “VEIN WEEK” decidimos entrevistar a uno de los médicos más activos en relación a patología venosa a nivel internacional, quien ha desarrollado un grupo muy sólido de profesionistas en relación a la patología venosa denominado v-WIN Foundation (www.vwinfoundation.com).

Entrevistador: Dr. Jesús Arriaga Caballero

Dr. Arriaga – Thank you for accepting this invitation professor Gianesini; we would like to know about yourself and how you got involved in all these venous academic activities so far.

Dr. Gianesini – *First of all, thank you and all the Mexican Angiology and Vascular Surgery Society for the invitation. It is a real pleasure to be here. Rather than talking about myself, I would prefer to talk about the team that is teamworking with me. Indeed, in v-WIN Foundation we are used to say that “players win games, but teamwork wins championship” and I feel beyond honored in having outstanding friends and professionals, including many Mexican ones, involved all together in v-WIN and some of them having honored v-WIN by their presence at the last v-WINter meeting in DUBAI.*

I am a surgeon in the University of Ferrara, Italy, where I hope to see you next year for the v-WIN event called v-ITALY (<https://vwinfoundation.com/v-italy/>). Ferrara is a true gem of the medieval and renaissance time, where great personalities like Copernico studied, together with many other Medicine top figures. Ferrara University remains a top-quality academic center that I hope you will visit soon as it is also open to international PhD programs, the details of which I’ll be happy to describe to whoever might be interested in applying.

In the same way, v-WIN is open to all the ones who wants to be morally active in the venous-lymphatic field. v-WIN is dedicated to three lines of action: A) Scientific research and education B) Humanitarian activities and C) Social and sport activities promoting venous and lymphatic awareness.

Dr. Arriaga – Following your activities and your website, we can see how enthusiast the v-win team is and how much effort it has been made so far, could you please talk about ¿How did the network of v-WIN grow up so much?, was reaching out to such high profile professors difficult? task, how were you able to unify different mind sets around the world of phlebo-lymphology?

Dr. Gianesini – *I think “Good reciprocates good”: I’ve been really blessed by meeting giants on whom shoulders I have had the honour of walking forward: among the biggest ones for sure profs. BB Lee, Lorenzo Tessari and Joseph Caprini.*

I truly consider them my heros inside and outside the professional field.

They clearly showed how “the bigger you become, the more welcoming and more accessible you should be with the other people”.

I also feel blessed in having met prof. Oscar Bottini: a wonderful example of moral values dedicated to facilitate connections between Latin America and the rest of the world. When we first met, we immediately lined up on the need of reaching out globally for



developing productive not political synergy among international colleagues. In this sense, v-WIN has a heart and soul that for sure started in Latam.

When we looked at who could have been the right colleague to reach out initially to North America and Asia no doubts came: prof. Yung Wei “Willy” Chi was the best example of intercontinental representation, moreover, endowed of one of the highest professional preparations I’ve met around the world. Every day we feel truly blessed in coworking with him, also for his humane qualities.

To answer to your question about how difficult engaging top professional was, I’ll state it was actually really easy. The reason for that I think is that v-WIN common denominator is to be found in the fact that we are all looking for interacting among different continents, DOING things rather than just talking about things. This attracted truly nice and valuable professionals and friends, all together trying to DO good. Therefore, everything keeps going on naturally, engaging thousands of valuable colleagues literally from all continents.

This is evidence based in the numbers we experienced at v-WINter CORTINA 2019, leading to the creation of a consensus document involving 46 affiliations, as well as at v-WINter DUBAI 2022, engaging 69 countries and 83 scientific societies.

Dr. Arriaga – Talking about V-winter Dubai how was the event this year?



Dr. Gianesini – v-WINter DUBAI was heart touching for us: seeing the full occupancy of the room after the pandemic, seeing the faces we saw online through all the lockdown was really a special unforgettable moment.

Among these faces, dear Mexican friends, and top representatives, including great experts like Dr. José Antonio Muñoz, Dr. Valente Guerrero, Dr. Alejandro González, Dra. Nora Sánchez, the colleagues from HENDOLA and all the other Mexican representatives.

Following what I suggested when I was asked by AVLS to serve as convener of the UIP 2023 meeting in Miami, I truly hope Mexico will keep on showcasing its quality worldwide: we all have a lot to learn from you and the scientific exchange can be highly productive. This was clearly evident at v-WINter DUBAI where Mexican representatives showcased great knowledge.

All together we delivered an institutional representation at the very important World Fair Universal Expo, “connecting experts, informing patients” against vein-lymphatic fake news.

Dr. Arriaga – I am very pleased to hear that and looking forward too for more events from v-WIN foundation. I saw the advertisement v-ITALY for next year 2023. What could you tell us about this event in your hometown Ferrara? which are the crucial points to consider for v-ITALY?

Dr. Gianesini – v-ITALY means v-WIN “vein” ITALY, but also “VITAL”, indicating the vital need of interaction among experts for evidence-based science promotion. The project is designed to provide the possibility of a tight interconnection between professionals from all around the world.

It will be an unconventional meeting where attendees will have the opportunity to interact with world Key Opinion Leader almost in a 1 to 1 ratio, favoring personal and professional growth and new international projects development. For this reason, we will keep the number very restricted, so to favor personal interaction with the top experts.

The venue of the academic center of Ferrara University will enhance the evidence-based focus on the event.

The unconventional venue will offer also the opportunity to discover a truly special really Italian cultural area.

Dr. Arriaga – How do you see the V-win Foundation project in 5 years?

Dr. Gianesini – That is a very good question.

I would say we know exactly where we are going, what we would like to do and what we wish we will accomplish together with many friends and colleagues around the world. So far, the mission has been to gather together top experts from all continents to assess the similarities and controversies in global guidelines (main theme of the v-WINter CORTINA 2019 meeting and related publication on Phlebology Journal). Following to that we focused on coworking with international top colleagues for counteracting vein-lymphatic fake news, drafting a scientific document to be published in International Angiology Journal and to be presented at the Universal EXPO World Fair in Dubai (v-WINter 2022 meeting).

Next step will be focusing on the evidence-based knowledge all vein-lymphatic experts should have, as we consider “VTAL” to promote proper science in phlebo-lymphology: indeed, the name “v-ITALY” (sounding like “VITAL”) for the 2023 mission.

Therefore, in 5 years from now, we expect v-WIN foundation to keep on stimulating top educational scientific meeting in conjunction with the most valuable societies from all continents, engaging all the experts who will like to take part in a moral global vision.

Meanwhile, we will surely keep on developing the humanitarian and educational missions of the v-HELP (v-WIN Humanitarian Education in Lympho-Phlebology) projects, as per the meaningful experience done in 2019 in Dominican Republic and the 2022 one.

We will also keep on developing public venous-lymphatic awareness events, following the “Game Over to Leg Failure” project, previously developed in conjunction with top sport institutions such as the World Ski Championship and the golf Ryder Cup (www.vwinfoundation.com/education).

Of course, nobody can predict in detail what will happen in 5 years, but for sure we can assume the moral and productive values on which v-WIN has been formed will remain, hopefully engaging all the ones who will like to be part of this global teamwork.

Dr. Arriaga - I want to thank you once again for accepting the invitation and being here even though the difference in hours, we know is tough sometimes to make time in the schedule. I want to congratulate you as a group for this amazing effort to unify knowledge, ways of thinking.

El Dr. Gianesini terminó la entrevista invitándonos a anexar el boletín de la SMACVE en su revista “Vascular Insights” para colaborar y crear mayor difusión al boletín, pudiendo meter un enlace o todo el documento en una página de la v-WIN Foundation, aprovechando la red de 40 mil médicos que son partes de la v-WIN

Asimismo, nos invita a los cirujanos vasculares jóvenes durante la VEIN WEEK a solicitar un comentario o una pregunta sobre algún tema en específico en el boletín, y la mejor solicitud o comentario pueda ser seleccionado por algún expertos a nivel global para ser contestado y así fungir como vínculo para crear una interacción, el mejor comentario pudiera recibir una beca para el V-Italy.

Por último hizo una atenta invitación para participar en el Congreso de la UIP in Estambul en septiembre, así como el congreso de la American Vein and Lymphatic Society que se llevará a cabo de octubre en New Orleans en donde una sesión conjunta mexicana estará organizada.